GRYPHON PSYCHOLOGY

Training & Consultancy at Gryphon Psychology

Training plays a significant part in mitigating and identifying psychological risk. It also provides expert learning of how to manage and provide timely care and solutions for employees before professional help is secured.

Our courses are professionally presented and cover various topics.

We offer an extensive suite of training courses for the General Workforce, Supervisors & Leaders and Corporate Settings. All Gryphon Psychology training courses are delivered by qualified mental health professionals.

Training and Consultancy Services are:

- Evidence based
- Informed by our 20 years + experience working within the industry
- Complement the Gryphon Psychology EAP service and contribute to the wholistic support for employees.
- Reducing risk and contributing to a psychologically healthy workforce

Through the right combination of activities an organisation can expertly strengthen their position on managing and preventing psychosocial risks in line with their duty of care.

Some of the Topics our Training and Consultancy covers include:

Fit for Work – Fatigue – Alcohol and Drugs – Mental Health Awareness – Mental Health at Work – Suicide Prevention – Critical Incident Response/Management – Emergency Services Specific – Resilience & Wellbeing – Peer Support – Workplace Culture – Conflict Management – Behaviour & Behaviour Modeling (DISC)

For more information on training and consultancy from Gryphon Psychology contact training@gryphonpsych.com.au